



SIGNATURE DETOX PROGRAM PROTOCOL

5 -7 nights

DAY 1	<p>AFTERNOON: Check in, Swim in the infinity pool, Yoga Class</p> <p>EVENING: Detox Dinner</p>
DAY 2	<p>MORNING: Yoga Class, Fasting/No Breakfast, Visit to Chiwi Clinic</p> <p>AFTERNOON: Consultation, Live Blood Analysis, Myer's Cocktail IV drip, Venus Legacy Body Treatment, Detox Lunch, Free Time</p> <p>EVENING: Swim in the infinity pool, Yoga Class, Detox Dinner</p>
DAY 3	<p>MORNING: Yoga Class, Buffet Breakfast, Visit to Chiwi Clinic</p> <p>AFTERNOON: Kidney & Liver Cleanse IV drip, Venus Legacy Body Treatment, Detox Lunch, Free Time</p> <p>EVENING: Swim in the infinity pool, Yoga Class, Detox Dinner</p>
DAY 4	<p>MORNING: Yoga Class, **Excursion of the Day or *Signature Aromatherapy Ritual at the Cave Spa</p> <p>AFTERNOON: Detox Lunch, Free time</p> <p>EVENING: Swim in the infinity pool, Yoga Class, Detox Dinner</p>
DAY 5	<p>MORNING: Yoga Class, Buffet Breakfast, Visit to Chiwi Clinic</p> <p>AFTERNOON: Chelation Therapy IV drip, Colon Cleanse Hydrotherapy Treatment, Detox Lunch, Free Time.</p> <p>EVENING: Swim in the infinity pool, Yoga Class, Detox Dinner</p>

*Included in the 5-night program.

**Included in the 7-night program.



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*End of the 5-night program.

*DAY 6	MORNING: Yoga Class, Buffet Breakfast AFTERNOON: Reiki Healing Session, Detox lunch, Free Time EVENING: Swim in the infinity pool, Yoga Class, Detox Dinner
DAY 7	MORNING: Yoga Class, Buffet Breakfast AFTERNOON: Signature Aromatherapy Ritual, Detox Lunch, Free Time EVENING: Swim in the infinity pool, Yoga Class, Detox Dinner
DAY 8	MORNING: Yoga Class, Buffet Breakfast, Swim in the infinity pool AFTERNOON: Check Out by 12 noon
ACTIVITIES:	HILLTOP: **Private / Group Sound Healing Session HILLTOP: **Mandala Painting Workshop EXTERNAL: **Private / Group Muay Thai Class
OPTIONAL	CLINIC: **PRP + Meso Facial Treatment CLINIC: **Hifem Trainer Session CLINIC: **Immunity Booster IV drip

** Extra fees apply.